

## Tips for iPhones

- Parents can screen apps before they are downloaded to their child's iPhone with a feature called "Ask to Buy" which sends a request to the parent's iPhone for approval before the app can be downloaded
- Set restrictions by going to SETTINGS—GENERAL—RESTRICTIONS. Tap "Enable Restrictions" and type a 4 digit PIN. Change settings as desired for each function of the phone. Select "Don't Allow Changes" for each when finished.

## Tips for Androids

- Parents can enable parental controls inside Google Play's app store to allow children to download apps only at a certain maturity level.
- In the Google Play Store app choose the hamburger menu icon. Go to SETTINGS—PARENTAL CONTROLS—ON. Set a PIN and then choose filters for apps, games, movies and TV or music and books.
- You can also set a time limit or disallow access to some content or apps that are not appropriate for your kids
- For stricter controls, parents can download an app called APPLOCK on the child's device and lock down any app they suspect to be a vault app with a PIN code.

### POPULAR PARENT CONTROL APPS

There are MANY apps (free and paying) that allow parents to control their child's devices. My Mobile Watchdog, Net Nanny, Our Pact, Phonesheiff, Norton, Qustodio & Netsanity are just a few.

## helpful resources...

### [www.common sense media.org](http://www.common sense media.org)

Database of social network sites and apps, along with tips and articles

### [www.noslang.com](http://www.noslang.com)

Internet and drug lingo database

### [www.smartsocial.com](http://www.smartsocial.com)

Short videos on all the popular apps and a guide to "make yourself shine online"

### [www.net smartz.org](http://www.net smartz.org)

Great for younger children, teaches good social safety

### [www.protectyouneyes.com](http://www.protectyouneyes.com)

Videos on how to set safety features on all types of devices



## Guide for Parents



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Offering Enrichment Opportunities for Parents

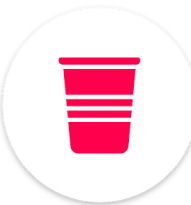
# social media and applications



**Facebook, Twitter, Instagram, YouTube and Snapchat** are far the most widely used and well known social media sites. Many of these apps include the ability to post pictures and messages, and to direct message other users. Parents should know the privacy settings of their children's accounts. Also, be aware that if geo-tracking is enabled, users may be able to see where your child is using the app from.



**KIK**  
Free anonymous messaging app out of Canada that parents cannot monitor as it goes around SMS texting. Has A LOT of in-app adds and purchases that may not be age-appropriate.



**HOUSEPARTY**  
Live video-chatting with up to 8 people, this app does as for access to contacts, notifications, camera and location (which can be shut off). With any live-streaming video, there is the risk of sending/receiving inappropriate content (which CAN be screenshot/cast). Make sure your child know what to do if a stranger joins the chat.



**TUMBLR**  
Tumblr lets you effortlessly share anything, including text, photos, videos, links, music, with complete customization capability. Pornography and drug use abounds and the privacy settings are tricky.



**WHATSAPP MESSENGER**  
Lets users start video calls and send encrypted text messages, videos, photos, and audio messages to one or many people with no message limits or fees. Messages can only be sent to other smartphone users who also have WhatsApp.



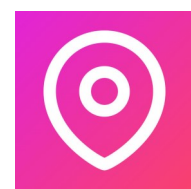
**MUSICAL.LY**  
Users upload virtually un-monitored video content overlaid with popular music. As of June 2018 it has a live-streaming option. Pornography, drug use and other dark messages are prevalent and easy to find.



**ASK.FM**  
Allows users the ability to ask and answer questions anonymously, which can fuel cruel and risky behavior, including severe forms of cyberbullying. According to it's own website, content goes unmonitored.



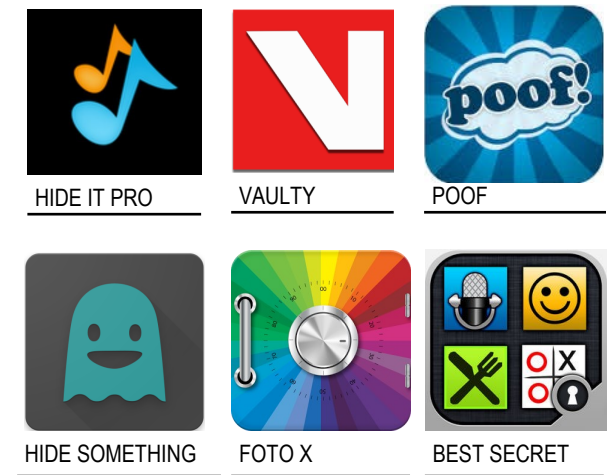
**MEET ME**  
Touted as a way to meet new friends, it's really used as dating app similar to Tinder. It encourages flirting, entertainment and real life "hook ups."



**MAPPEN**  
Free, location sharing app, Mappen helps you plan your social life by showing you where friends are. You basically drop a pin where you live, tell the app where all of your favorite places are, where you like to hangout- then contacts can see this.



There are MANY applications to "hide" content on different devices. Kids can use these apps to hide photos, messages, contacts and app icons. They freely give parents their devices to check because everything they don't want you to see is well hidden if you don't know where to look. These are some of the most common privacy apps. If you see them on the phone (or in the app store as a purchase) then your child is hiding something on their device.



*Sometimes the apps look and act like a calculator, until you put in a code to reveal the hidden content...*

